

Symons Recreation Complex

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OPEN TO THE PUBLIC

Dear Prospective Water Safety Instructor course participant,

This is the registration form for the 2010 Symons Recreation Complex American Red Cross WSI training course. There are two classes being offered; the class is held over two weekends. **Attendance is mandatory at ALL sessions of the class you select.**

Please circle the class you would like to attend:

- March 26th, 27th, 28th, followed by April 9th, 10th, 11th, 2010. (Fridays 4-9pm with snack break. Saturdays 9-5pm with lunch break, Sundays 10-5pm with lunch break.)
- June 11th, 12th, 13th, followed by June 18th, 19th, 20th, 2010. (Fridays 4-9pm with snack break. Saturdays 9-5pm with lunch break, Sundays 10-5pm with lunch break.)

Participants must attend ALL sessions and must bring suits to each lesson. Please check your school schedules to avoid any conflicts. Participants who are unable to complete the pre-course swim test will not be allowed to continue and **no refund will be given.** The requirements are as follows:

1. You must be at least 16 years of age. **Please bring proof of your age to the first class.**
2. You must pass the pre-course swim:
 - A. Swim the following strokes:
 - Front crawl – 25 yards (one length of the pool)
 - Back crawl – 25 yards (one length of the pool)
 - Breaststroke – 25 yards (one length of the pool)
 - Elementary backstroke – 25 yards (one length of the pool)
 - Sidestroke – 25 yards (one length of the pool)
 - Butterfly – 15 yards
 - B. Maintain position on back one minute in deep water (floating or sculling).
 - C. Tread water for one minute.

Successful course completion requires participation in classroom and skill sessions as well as successful performance in skill and knowledge evaluations. Due to the nature of the skills in this course, you will be participating in strenuous activities. If you have a medical condition or disability or if you have any questions about your ability to participate fully in this course, discuss them with your physician before you start the course. Upon the successful completion of the American Red Cross WSI course, you will receive an American Red Cross WSI certificate.

By completing this registration, you understand that you must pay the non-refundable class fee (\$150 members / \$200 non-members) in advance. You further understand that you will be required to successfully complete the pre-course swim detailed above; **failing the pre-course swim eliminates you from the course and you will not receive a refund.**

Print name: _____ Date of birth: _____

Address: _____ Phone: _____

E-Mail Address: _____

Person to contact in case of emergency: _____ Phone: _____

Signature of prospective student

Date

Signature of parent or guardian (if student is under age 18)

Date

For office use only:

Cm+ # _____

Receipt # _____

Date paid: _____

Amount: _____

Entered on Reg. Log?