

TOUR BEAUTIFUL LANDSCAPES ...

Located midway between LaCrosse and Madison, WI; this bike tour takes riders through the heart of the Midwest's most beautiful hill country, the Ocooch Mountains. Climb timber-covered hills or roll through lush valleys and view sandstone formations left untouched by glaciers.

Family rates are available.

The Richland County Fair is the same weekend.

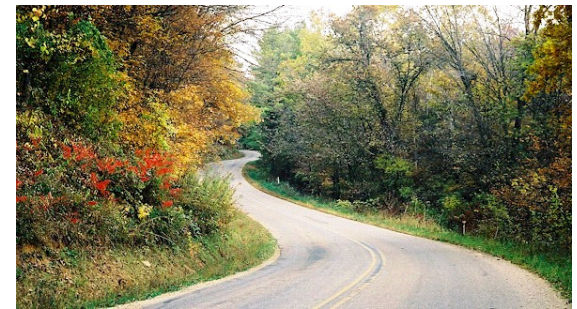
Come for the Ride..Stay for the Fair.

**Discover and enjoy the
beauty of Richland County!**

Symons Recreation Complex
1250 Highway 14 West
(on the UW-Richland Campus)
Richland Center, WI 53581
608-647-8522
www.symonsrec.com



Ocooch Mountain Fall Bike Tour September 11, 2010



Mail the Registration Form inside to:
Symons Recreation Complex
1250 HWY 14 West
Richland Center, WI 53581
For more information call:
608-647-8522.

Family Friendly Bike Tour

**HILLY OR
FLAT...**
THE CHOICE IS
YOURS!



Up for a Challenge?

Symons Fall Bike Tour has steep climbs and fast falling descents for those looking for them in the 15, 31, and 46 mile rides. Visit hilltop orchards and enjoy fresh crisp apples and cider.

Looking for a beautiful, flat, out and back?

The 8 mile tour takes riders on a nature bonanza, crossing creeks, traveling through meadows and under the shade of a tree-lined railroad bed. Enjoy breathtaking views all around you.



**Festive Stops
Along the Way!**

* **Post-ride chili dinner, shower, swimming, whirlpool, and sauna are included in your registration.**

REGISTRATION INFORMATION

Individual Pre-Registration

- Registration by 9/9/10 **\$20.00**

Individual Same Day Registration

- After 9/9/10 **\$25.00**

Family Pre-Registration

(3 or more family members)

- Before 9/9/10 **\$30.00**
- May purchase Long Sleeve shirts for additional fee.

Family Same Day Registration

(3 or more family members)

- After 9/9/10 **\$40.00**
- May purchase Long Sleeve shirts for additional fee.

Race Day Registration and Check in:

- September 11, 2010
- 7:00 AM - 9:00 AM
- At Symons Recreation Complex

2010 Bike Tour Pre-Registration

(Pre-Registration Ends - 9/9/2010)

	QTY	Total Price
Individual Before 9/9/10- \$20 each After 9/9/10 - \$25 each		Shirt Size: _____
Family Before 9/9/10 - \$30 After 9/9/10 - \$40		Family Names: _____
Totals:		

Name _____

Address _____

Phone _____

Email _____

Make Checks Payable to Symons and mail to:

Symons Recreation Complex

1250 HWY 14 West., Richland Center, WI 53581

Check Number Enclosed _____

As a participant in the program and/or member of the Symons Fall Bike Tour program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full-risk of any injuries, damages or losses, which I may sustain as a result of participating in any and all activities connected with or associated with such program/and or fitness activity related to my membership. I agree to waive and relinquish all claims; I have as a result of participating in the program or fitness activity, against the Richland County and its officers, agents and employees. I do hereby fully released and discharged the Richland County and its officers, agents, and employees from any and all claims from injuries, damages or losses, which I may have or may occur to me on an account of my negligence during participation in the program or fitness activity.

I agree to indemnify and hold harmless and defend the Richland County and its officers, agents and employees from all claims resulting from injuries, damages and losses sustained during and arising out of, the activities of the program and/or fitness membership.

I have read and fully understand the above Release and Hold Harmless Agreement.

Participant Signature: _____ Date: _____